

# Summer Series August

		Mon	Tue	Wed	Thurs	Fri	Sat	Sun
W/C 2nd Aug	Classes					7.30 - 8.00 Strength with Evelyn		10.00-11.00 Yoga with Emma H
W/C 9th Aug	Classes	7.45 - 8.30 Morning Movement with Evelyn	7.45-8.15 Morning Yoga with Olivia			7.30 - 8.00 Strength with Evelyn		10.00-11.00 Yoga with Emma H
W/C 16th Aug	Classes	7.45 - 8.30 Morning Movement with Evelyn	7.45-8.15 Morning Yoga with Olivia			7.30 - 8.00 Strength with Evelyn		10.00-11.00 Yoga with Liv
W/C 23rd Aug	Classes	7.45 - 8.30 Morning Movement with Evelyn	7.45-8.15 Morning Yoga with Olivia			7.30 - 8.00 Strength with Evelyn		10.00-11.00 Yoga with Liv
W/C 30th Aug	Classes	7.45 - 8.30 Morning Movement with Evelyn	7.45-8.15 Morning Yoga with Olivia					

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